

DIG DEEP: DISCOVER WHAT MATTERS MOST



Use this guide to help your family learn
how God can help us find wisdom.

First, watch this week's video at:

hillsideonline.com/kids

Talk about:

How are you wiser
that you used to be?

Wisdom:
finding out
what you
should do
and doing it

Memory Verse

"If any of you needs
wisdom, you should
ask God for it. He
will give it to you.
God gives freely
to everyone and
doesn't find fault."
James 1:5, NIV

Bible Story

Renew Your Mind
Romans 12:2 (NIV)

Bottom Line

Never stop growing
in in wisdom.

Activity

Target Practice

What You Need:

Pillow, sheet of paper

What You Do:

Set up the pillow a few feet away
from you. Hand the sheet of paper to
your child. Say, "Try to throw this
sheet of paper and hit the pillow,
without moving your feet."

After a few attempts, tell them to
stop. Say, "Now let's try changing the
paper by folding it into an airplane."
Fold the sheet of paper into an
airplane. Then say, "Now that the
sheet of paper is changed into a
plane, try to hit the pillow again from
the same spot."

After a few attempts, tell them to
stop. Say, "That was a little easier,
wasn't it? Now crumple the paper
into a ball and throw it from the same
spot." It should be even easier for
your child to hit the pillow this way.
Say, "See? Once we transformed the
paper into an airplane and a ball, it
was way easier to hit the target!"



Talk About the Bible Story

What does it mean when something is
transformed? (*it's changed, different, new*)

According to Romans 12:2, we can live God's
way when we transform or completely change
our thinking. What are some ways we can do
that? (*reading the Bible, praying, talking to
others about God, asking questions*)

How do you want to transform your thoughts?
What do you want to think about more? What
do you want to think about less?

*Parent: Share a way that you may have
transformed your thoughts lately. Are you
working on complaining less? Being more
thoughtful with your words around your
friends? Choosing to interact with kindness on
social media?*

Prayer

Use this prayer as a guide, either after talking
about the Bible story or sometime before bed
tonight:

"God, it's amazing how You give us Your
wisdom when we need it. Help us continue to
grow in Your wisdom. Help us to make wise
choices, to know Your Word, and to follow the
ways Jesus taught us to live. Show us how we
can keep transforming and changing our
thinking so we can live with Your wisdom
every day. In Jesus' name we pray, amen."