



Have fun learning and playing  
with your preschooler!

## Activity

### Fish and Bread Patters

#### What You Need:

Goldfish crackers, Cheerios, and a plate

#### What You Do:

Pour some fish crackers and cereal onto a plate.

Say, "In the cups in front of you, we have some Goldfish to represent the fish and some Cheerios to represent the bread. Don't eat anything yet! First, we're going to make some patterns with our fish and bread."

In the center of the table, create the following pattern: bread, bread, fish, fish, bread, bread, fish, fish, etc. Call out each item as you point to it.

Encourage your child to create the same pattern on their plate. Celebrate as they finish. Repeat with two or three more patterns.

After the activity, talk about how you can love like Jesus when you help people.

Say, "In our Bible story, Jesus helped a LOT of people that day by feeding them. Jesus loves everyone! There are so many ways you can help others. And when you help someone, you love like Jesus! Tell me, who can love like Jesus? I can love like Jesus."



### Bible Story

Jesus Helps  
(John 6:1-13)

### Remember This

"A friend loves at all times."  
Proverbs 17:17, NIV

### Say This

Who can love like Jesus?  
I can love like Jesus.

## Prayer

"Jesus, thank You for always helping us. We want to be like You and help others too. We love You! Amen."